

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

(X) Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person
 Macher, Frank E
 ITT Automotive, Inc.
 3000 University Drive
 Auburn Hills, MI 48326-2356
2. Issuer Name and Ticker or Trading Symbol
 ITT Industries, Inc.
 IIN
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year
 03/24/99
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
 () Director () 10% Owner () Officer (give title below) (X) Other
 (specify below)
 Former Senior Vice President
7. Individual or Joint/Group Filing (Check Applicable Line)
 (X) Form filed by One Reporting Person
 () Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Month	6. Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Amount	A/D	Price			
Common Stock (1)	3/19/99	M	70,000	A	\$27.38			
Common Stock (1)	3/19/99	S	70,000	D	\$39.81	0		
Common Stock (2)						2,577	D	
Common Stock (3)						477	I	In Trust

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Common Stock (Right to Buy) (1)	\$27.38	3/19/99	M	70,000	D 3/18/98 1/31/01	Common Stock 70,000		0		

Explanation of Responses:

- (1) Options acquired under the 1994 ITT Industries Incentive Stock Plan, a Rule 16b-3 plan.
- (2) Stock awarded under the ITT Industries 1997 Long Term Incentive Plan, a Rule 16b-3 plan.
- (3) Shares held under the ITT Industries, Inc. Investment and Savings Plan for Salaried Employees reflecting holdings through January 31, 1999.

SIGNATURE OF REPORTING PERSON

FRANK E. MACHER
 DATE
 3/24/99