FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SANFORD LINDA S						2. Issuer Name and Ticker or Trading Symbol ITT INDUSTRIES INC [ITT]									c all applic	cable) or	g Pers	son(s) to Iss	vner		
(Last)	(Fi RPORATIO		(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/08/2005									Officer below)	(give title		Other (s	specify		
ROUTE 100, MAIL DROP 3320						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable						
(Street)	S N	Y :	10589											Line) X	,						
(City)	(S	tate) ((Zip)																		
		Tab	le I - Nor	-Deriva	ative	Se	curitie	s Ac	quired, D	isp	osed c	of, or Be	nefic	ially	Owned	ı					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date			Code (Instr. 5)				4 and Securiti		es Form ally (D) of Following (I) (II		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code V Amount (A) or (D)			Pric	ce	Transact (Instr. 3	ion(s)			()				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, T	4. Transa Code (I				6. Date Exercis Expiration Date (Month/Day/Ye			7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		Di Si (li	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	s s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Code V (A) (D) Exercisable Date							piration te	Title	Amou or Numb of Share	er											
Stock Option (Right to Buy)	\$90.76	03/08/2005			A		1,070		(1)	03/	/08/2012	Common Stock	1,07	0	(2)	1,070		D			

Explanation of Responses:

- 1. Options granted under the ITT Industries, Inc. 2003 Equity Incentive Plan. The options will become exercisable in one-third cumulative annual installments after the first, second and third anniversaries of the date of the grant.
- 2. Price is not applicable.

Remarks:

/s/Kathleen S. Stolar, Secretary
of ITT Industries, Inc. by
power of attorney for Linda S. 03/10/2005
Sanford, Director of ITT
Industries, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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