FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MARTIN THOMAS R (Last) (First) (Middle)					- <u>IT</u>	2. Issuer Name and Ticker or Trading Symbol ITT INDUSTRIES INC [ITT] 3. Date of Earliest Transaction (Month/Day/Year)								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below)				vner	
4 WEST RED OAK LANE				03/	03/06/2006									Senior Vi	ce Pr	esident			
(Street) WHITE PLAINS NY 10604					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																
		Tab	le I - No	n-Deriv	/ative	Se	curitie	s Ac	quired,	Dis	osed o	of, or Be	neficia	lly Owne	d				
1. Title of Security (Instr. 3) 2. Transa Date (Month/Date)					Execution Date,			Code (I	Transaction Disposed Of (D) (II Code (Instr. 5)		ities Acqui d Of (D) (In	red (A) or str. 3, 4 ar	d Securit Benefic Owned	Beneficially Owned Following		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	Amount (A) or (D)		Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock ⁽¹⁾ 03/06/2					6/2006	2006		A		1,896		\$0.0	00 19	.9,028(2)		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		n of l		6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		re es ally ig d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares						
Employee Stock Option (Right to Buy) ⁽³⁾	\$52.68	03/06/2006			A		6,689		03/06/2009	9 0	3/06/2013	Common Stock	6,689	\$0.00	6,689)	D		

Explanation of Responses:

- 1. All securities beneficially owned prior to February 21, 2006, the distribution date for the 2-for-1 common stock split, are adjusted and reflect the post split amount.
- 2. The total securities, 19,028 includes 17,132 shares owned directly and 1,896 shares of restricted stock awarded on March 6, 2006 under the ITT Industries, Inc. 2003 Equity Incentive Plan. The 1,896 shares awarded March 6, 2006 are subject to a three-year restriction. The reporting person also owns 769.3211 shares acquired under the ITT Industries Investment and Savings Plan reflecting accumulations through 2/28/2006. These shares are held indirectly in a trust.
- 3. Options awarded under the ITT Industries, Inc. 2003 Equity Incentive Plan.

Remarks:

/s/Kathleen S. Stolar, Secretary of ITT Industries, Inc. by power of attorney for Thomas

03/08/2006

R. Martin

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.