FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HAMRE JOHN J</u>					2. Issuer Name and Ticker or Trading Symbol ITT INDUSTRIES INC [ITT]						(Ch	Relationship leck all appli X Directo	cable) or	g Person	10% Ow	ner
(Last) (First) (Middle) CENTER FOR STRATEGIC & INT'L STUDIES 1800 K STREET, N.W. STE 400			03.	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2005							below)			Other (s below)		
(Street) WASHIN (City)	NGTON DO		20006 (Zip)	4. 1	f Amer	ndment,	Date	of Original Fil	ed (Month/D	ay/Year)	Lin	X Form	iled by One	Reportir	ng Persor	ı
(City)	City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned															
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) Table II - Derivati			Transaction te onth/Day/Ye	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transacti Code (Ins 8) Code V	4. Secur Dispose 5) Amount	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 Amount (A) or (D) Red of, or Benefici		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Form: Direct (D) or Indirect (I) (Instr. 4)		. Nature f Indirect leneficial lownership nstr. 4)		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		(e.g., r 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code	Transaction of Code (Instr. Derivative		tive ties ed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y Ov Fo Dir or (I)	vnership rm: ect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$90.76	03/08/2005		A		1,070		(1)	03/08/2012	Common Stock	1,070	(2)	1,070		D	

Explanation of Responses:

- 1. Options granted under the ITT Industries, Inc. 2003 Equity Incentive Plan. The options will become exercisable in one-third cumulative annual installments after the first, second and third anniversaries of the date of the grant.
- 2. Price is not applicable.

Remarks:

/s/Kathleen S. Stolar, Secretary
of ITT Industries, Inc. by
power of attorney for John J. 03/10/2005
Hamre, Director of ITT
Industries, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.