WASHINGTON, D.C. 20549
FORM 4
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
() Check this box if no longer subject to Section 16.
Form 4 or Form 5 obligations may continue. See Instructions 1(b).
1. Name and Address of Reporting Person
Araskog, Rand V.
275 Toney Penna Drive - Suite 7
Jupiter, FL 33458
2. Issuer Name and Ticker or Trading Symbol
ITT Industries, Inc.
IN Indicates, Inc.
3. IRS or Social Security Number of Reporting Person (Voluntary)
3. Ind of Social Security Number of Reporting Ferson (Voluntary)
4. Statement for Month/Year
5/21/99
5. If Amendment, Date of Original (Month/Year)
or in Americanione, base or original (none), really
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(X) Director () 10% Owner () Officer (give title below) () Other
(specify below)
(Specify Below)
7. Individual or Joint/Group Filing (Check Applicable Line)
(X) Form filed by One Reporting Person
() Form filed by More than One Reporting Person
() form filled by note than one keps ting forces

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

	j	3. ansact: ae Coo	ion 	Securities Acc or Disposed of Amount		·	5.Amount of Securities Beneficially Owned at te End of Month	6.Di ect (D)o Indi ect(or ir	of Indirect cial Ownership
Common Stock	1	1	11		I	1	155,808	D	I	
Common Stock (RS) (1)	5/13 9	3/9 A 	V 1,	281	A 	\$39.03 	5,461 	D 		
Common Stock (DRIP) (2	2)						146	D		
Table II Derivative	e Securiti	tes A	 cquired	, Disposed of,	or Be	eneficiall	y Owned			
1.Title of Derivative	2.Con-	3.	4.	5.Number of [De 6.1	Date Exer	7.Title and Amount		e 9.Number	10. 11.Nature of
1.Title of Derivative Security	2.Con- version	3.	4.	5.Number of [rivative Sec	De 6.D	Date Exer sable and	7.Title and Amount of Underlying	of Deri	i of Deriva	Dir Indirect
1.Title of Derivative Security	2.Con- version or Exer	3.	4.	5.Number of [rivative Sec rities Acqui	De 6.0 Cu Cis	Date Exer sable and piration	7.Title and Amount of Underlying Securities	of Deri	i of Deriva tive	Dir Indirect ect Beneficial
1.Title of Derivative Security	2.Con- version or Exer cise	3. Transa	4.	5.Number of [rivative Sec rities Acqui red(A) or Di	De 6.1 Cu cis L Exp	Date Exer Sable and Diration Te(Month/	7.Title and Amount of Underlying Securities	of Deri vative Secu	i of Deriva tive Securities	Dir Indirect ect Beneficial (D) Ownership
1.Title of Derivative Security	2.Con- version or Exer cise Price of	3. Transa	4.	5.Number of [rivative Sec rities Acqui	De 6.1 Cu Cis L Exp Ls Dat	Date Exer sable and piration te(Month/ //Year)	7.Title and Amount of Underlying Securities	of Deri	i of Deriva tive Securities Benefi	Dir Indirect ect Beneficial (D) Ownership or
1.Title of Derivative Security	2.Con- version or Exer cise Price of Deriva-	3. Transa	4.	5.Number of [rivative Sec rities Acqui red(A) or Di posed of(D)	De 6.1 Cu cis L Exp Ls Das Das	Date Exer sable and piration te(Month/ //Year) te Expir	7.Title and Amount of Underlying Securities	of Deri vative Secu rity 	iof Deriva tive Securities Benefi ficially	Dir Indirect ect Beneficial (D) Ownership or Ind
1.Title of Derivative Security	2.Con- version or Exer cise Price of Deriva- tive	3. Transa	4.	5.Number of [rivative Sec rities Acqui red(A) or Di posed of(D)	De 6.I Cu Cis i Exp is Das Das Das	Date Exer Sable and Diration te(Month/ //Year) te Expir er- ation	7.Title and Amount of Underlying Securities Title and Number	of Deri vative Secu rity 	iof Deriva tive Securities Benefi ficially Owned at	Dir Indirect ect Beneficial (D) Ownership or Ind ire
1.Title of Derivative Security	2.Con- version or Exer cise Price of Deriva- tive Secu-	3. Transa	4. action 	5.Number of [rivative Sec rities Acqui red(A) or Di posed of(D)	De 6.I Cu Cis i Exp is Das Das Das	Date Exer Sable and Diration Te(Month/ //Year) Te Expir Pr- ation Sa- Date	7.Title and Amount of Underlying Securities	of Deri vative Secu rity 	iof Deriva tive Securities Benefi ficially	Dir Indirect ect Beneficial (D) Ownership or Ind

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Explanation of Responses:

(1) Shares granted in lieu of annual retainer fee pursuant to the ITT Industries, Inc. Restricted Stock Plan for Non-Employee Directors.
(2) Shares held under the ITT Industries, Inc. Direct Purchase, Sale & Dividend Reinvestment Plan as of 5/20/99.
SIGNATURE OF REPORTING PERSON

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

RAND V. ARASKOG DATE

5/21/99