

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.  
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person  
 Kamber, Martin  
 ITT Industries, Inc.  
 4 West Red Oak Lane  
 White Plains, NY 10604
2. Issuer Name and Ticker or Trading Symbol  
 ITT Industries, Inc.  
 IIN
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year  
 5/23/00
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
 ( ) Director ( ) 10% Owner (X) Officer (give title below) ( ) Other  
 (specify below)  
 Senior Vice President
7. Individual or Joint/Group Filing (Check Applicable Line)  
 (X) Form filed by One Reporting Person  
 ( ) Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security   | 2. Transaction Date | 3. Transaction Code | 4. Securities Acquired (A) or Disposed of (D) Amount | 5. Amount of Securities Beneficially Owned at End of Month | 6. Direct (D) or Indirect (I) | 7. Nature of Indirect Beneficial Ownership |
|------------------------|---------------------|---------------------|--|--|-------------------------------|--|
| Common Stock (1)       | 5/23/00             | S                   | 1949   | 0  |                               |  |
| Common Stock (RS) (2)  |                     |                     |  | 15,000   | D                             |  |
| Common Stock (ISP) (3) |                     |                     |  | 10,171   | I                             | In Trust                                   |

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Derivative Security | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date | 4. Transaction Code | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities | 8. Price of Derivative Security | 9. Number of Derivative Securities Beneficially Owned at End of Month | 10. Direct (D) or Indirect (I) | 11. Nature of Indirect Beneficial Ownership |
|---------------------------------|--|---------------------|---------------------|---|--|--|---------------------------------|---|--------------------------------|---|
| None                            |  |                     |                     |   |  |  |                                 |   |                                |   |

Explanation of Responses:  
 (1) Shares awarded under the ITT Industries 1997 Long-Term Incentive Plan.  
 (2) Restricted Stock awarded under the 1994 ITT Industries Incentive Stock Plan.  
 (3) Shares held under the ITT Industries Investment and Savings Plan reflecting accumulations through 5/23/00.

SIGNATURE OF REPORTING PERSON

MARTIN KAMBER

DATE

05/23/00