FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SANFORD LINDA S					2. Issuer Name and Ticker or Trading Symbol ITT INDUSTRIES INC [ITT]											all app	olicable) ctor	ng Pers	Person(s) to Issuer 10% Owner	
	(Fii RPORATIC)N	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/11/2004											Officer (give title below)		Other (below)	(specify
ROUTE 100, MAIL DROP 3320					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)			.0589												X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(51		Zip) ———— e I - Nor	n-Deriv	ative	Se	curitie	s Ac	nuired	Dis	posed o	of or		fici	ally (Owne	-d			
1. Title of Security (Instr. 3) 2. Trans Date (Month/					action	ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Trans Code	3. 4. Secur Transaction Dispose Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3,) or 5. 4 and Se Be		Amount of ecurities eneficially		vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	() (I	A) or D)	Price		Transaction(s) (Instr. 3 and 4)				(3 4)
Common Stock					05/11/2004				A		652	A S		\$70	76.8 8,		,102(1)		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any		Date,		Transaction Code (Instr. I)		vative rities ired rosed) . 3, 4	6. Date E Expiration (Month/Mo	on Dat Day/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Numbe of Title Shares		ount nber	t r				0. Ownership orm: Direct (D) or Indirect) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Ms. Sanford received 652 shares of Restricted Stock as part of the annual retainer pursuant to the ITT Industries, Inc. Equity Incentive Plan on May 11, 2004 resulting in direct ownership of 7,602 shares of Restricted Stock which were granted as an annual retainer pursuant to the 1996 Restricted Stock Plan for Non-Employee Directors or the 2003 Equity Incentive Plan. Ms. Sanford also owns 500 shares directly.

Remarks:

/s/Kathleen S. Stolar, Secretary of ITT Industries, Inc. under power of attorney granted by Linda S. Sanford, Director

05/13/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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