UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 4	
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	
( ) Check this box if no longer subject to Section 16.	
Form 4 or Form 5 obligations may continue. See Instructions 1(b).	
1. Name and Address of Reporting Person	
Araskog, Rand V.	
275 Toney Penna Drive - Suite 7	
Jupiter, FL 33458	
2. Issuer Name and Ticker or Trading Symbol	
ITT Industries, Inc.	
IIN	
<ol><li>IRS or Social Security Number of Reporting Person (Voluntary)</li></ol>	
4. Statement for Month/Year 3/17/00	

- 5. If Amendment, Date of Original (Month/Year)
- Relationship of Reporting Person(s) to Issuer (Check all applicable) (X) Director ( ) 10% Owner ( ) Officer (give title below) ( ) Other (specify below)
- Individual or Joint/Group Filing (Check Applicable Line)
   (X) Form filed by One Reporting Person
   ( ) Form filed by More than One Reporting Person

1. Title of Security	į	3 ransact           te  Co	ion     	o   	ecurities Ac r Disposed c Amount	of (D		A) Pric	5.Amount of   Securities   Beneficially   Owned at e   End of Month	6.Di  ect  (D)o  Indi  ect(	r İ r İ		direct wnership
Common Stock	3/1  0	.6/0 P 		45, 	000		A	\$27.50	200,808 	D 			
Common Stock (RS) (1)	I			l					5,461	D			
Common Stock (DRIP) (	2)	1		 		 I	I		220	D	 I		
Table II Derivativ	e Securit	ites /	\cauir	har	Disnosed of	- or	Ren	eficially	v Owned				
Table II Derivativ	2.Con-	3.	4.		·				y Owned 7.Title and Amount	8.Price	9.Number	10.	11.Nature of
	2.Con-  version	3.	4.		5.Number of rivative Se	De	6.Da cisa	te Exer  ble and	7.Title and Amount of Underlying	of Deri	of Deriva	Dir	Indirect
1.Title of Derivative	2.Con-  version  or Exer	3.	4.		5.Number of rivative Se rities Acqu	De   ecu	6.Da cisa Expi	te Exer  ble and  ration	7.Title and Amount	of Deri  vative	of Deriva  tive	Dir   ect	  Indirect  Beneficial
1.Title of Derivative	2.Con-  version  or Exer  cise	3.  Trans	4.		5.Number of rivative Se rities Acqu red(A) or D	De   ecu   ui   Dis	6.Da cisa Expi Date	te Exer  ble and  ration   (Month/	7.Title and Amount of Underlying	of Deri  vative  Secu	of Deriva  tive  Securities	Dir   ect   (D)	Beneficial  Ownership
1.Title of Derivative	2.Con-  version  or Exer  cise  Price of	3.  Trans	4.		5.Number of rivative Se rities Acqu	De   ecu   ui   Dis	6.Da cisa Expi Date	te Exer  ble and  ration   (Month/  Year)	7.Title and Amount of Underlying	of Deri  vative  Secu  rity	of Deriva  tive  Securities  Benefi	Dir   ect   (D)   or	  Indirect  Beneficial  Ownership 
1.Title of Derivative	2.Con-  version  or Exer  cise	3.  Trans	4.		5.Number of rivative Se rities Acqu red(A) or D	De   ecu   ui   Dis	6.Da cisa Expi Date Day/	te Exer  ble and  ration   (Month/	7.Title and Amount of Underlying	of Deri  vative  Secu  rity 	of Deriva  tive  Securities	Dir   ect   (D)	Indirect  Beneficial  Ownership 
1.Title of Derivative	2.Con-  version  or Exer  cise  Price of  Deriva-	3.  Trans	4.		5.Number of rivative Se rities Acqu red(A) or D	De   ecu   ui   Dis   )     A/	6.Da cisa Expi Date Day/ Date Exer	te Exer  ble and  ration   (Month/  Year)    Expir	7.Title and Amount of Underlying Securities	of Deri  vative  Secu  rity 	of Deriva  tive  Securities  Benefi  ficially	Dir   ect   (D)   or  Ind	Indirect  Beneficial  Ownership     
1.Title of Derivative	2.Con-  version  or Exer  cise  Price of  Deriva-  tive	3.  Trans	4.  action         	on   	5.Number of rivative Se rities Acqu red(A) or E posed of(D)	De   ecu   ui   Dis   )     A/	6.Da cisa Expi Date Day/ Date Exer	te Exer  ble and  ration   (Month/  Year)    Expir  - ation	7.Title and Amount of Underlying Securities  Title and Number	of Deri  vative  Secu  rity 	of Deriva  tive  Securities  Benefi  ficially  Owned at	Dir   ect   (D)   or    Ind   ire	Indirect  Beneficial  Ownership     
1.Title of Derivative	2.Con-  version  or Exer  cise  Price of  Deriva-  tive  Secu-	3.  Trans             	4.  action         	on   	5.Number of rivative Se rities Acqu red(A) or E posed of(D)	De   ecu   ui   Dis   )     A/	6.Da cisa Expi Date Day/ Date Exer cisa	te Exer  ble and  ration   (Month/  Year)    Expir  - ation	7.Title and Amount of Underlying Securities  Title and Number	of Deri  vative  Secu  rity 	of Deriva  tive  Securities  Benefi  ficially  Owned at  End of	Dir  ect   (D)   or    Ind   ire   ct	Indirect  Beneficial  Ownership     

Explanation of Responses:

(1) Shares granted in lieu of annual retainer fee pursuant to the ITT Industries, Inc. Restricted Stock Plan for Non-Employee Directors.

(2) Shares held under the ITT Industries, Inc. Direct Purchase, Sale & Dividend Reinvestment Plan as of 3/17/00.

SIGNATURE OF REPORTING PERSON RAND V. ARASKOG DATE

2/17/00

3/17/00