FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

Check this box if no longer subject to	STATEMENT OF CHANGES
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of

IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of FORD C	Reporting Person* URTIS J											i. Relationship of Reporting Person(s) to Iss Check all applicable) X Director 10% Ow						
(Last)	(FI MENDRAL	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/02/2004									Officer (give title Other (specify below) below)				specify
(Street) ATHERT	TON C.	A	94027 (Zip)		4. If	Line							i. Indi ine) X	Form f	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son				
(City)	(3																		
1. Title of S	Security (Ins			2. Transa Date (Month/E	action	Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 3, 2 5) Disposed Of (D) (Instr. 3, 2 5)					ed (A) o	r und	5. Amount of 6. Securities Feneficially ([Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution E if any (Month/Day	Date,	Transaction of E			Expiration Date (Month/Day/Year) d				f s g Securit	8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisabl		xpiration ate	Title	Amour or Number of Shares	er					
Stock Option (Right to	\$74.92	02/02/2004			A		1,240		(1)	0:	2/02/2014	Common Stock	1,24		(2)	1,240)	D	

Explanation of Responses:

1. Options granted under the ITT Industries, Inc. 2003 Equity Incentive Plan. The options will become exercisable when the closing price of ITT Industries shares has remained at or above 125% of the option exercise price for ten consecutive trading days, or in one-third cumulative annual installments after the first, second and third anniversaries of the date of grant.

Remarks:

/s/Kathleen S. Stolar, Secretary of ITT Industries, Inc. by power of attorney for Curtis J. 02/04/2004 Crawford, Director of ITT

Industries, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} Price is not applicable.

Know all by these presents, that the undersigned's hereby makes, constitutes and appoints _____ as the undersigned's true and lawful attorney-in-fact, with full power and authority as hereinafter described on behalf of and in the name, place and stead of the undersigned to:

- (1) prepare, execute, acknowledge, deliver and file Forms 3, 4, and 5 (including any amendments thereto) with respect to the securities of ______, a _____ corporation (the "Company"), with the United States Securities and Exchange Commission, any national securities exchanges and the Company, as considered necessary or advisable under Section 16(a) of the Securities Exchange Act of 1934 and the rules and regulations promulgated thereunder, as amended from time to time (the "Exchange Act");
- (2) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party, including brokers, employee benefit plan administrators and trustees, and the undersigned hereby authorizes any such person to release any such information to the undersigned and approves and ratifies any such release of information; and
- (3) perform any and all other acts which in the discretion of such attorney-in-fact are necessary or desirable for and on behalf of the undersigned in connection with the foregoing.

The undersigned acknowledges that:

- (1) this Power of Attorney authorizes, but does not require, such attorney-in-fact to act in their discretion on information provided to such attorney-in-fact without independent verification of such information;
- (2) any documents prepared and/or executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney will be in such form and will contain such information and disclosure as such attorney-in-fact, in his or her discretion, deems necessary or desirable;
- (3) neither the Company nor such attorney-in-fact assumes (i) any liability for the undersigned's responsibility to comply with the requirement of the Exchange Act, (ii) any liability of the undersigned for any failure to comply with such requirements, or (iii) any obligation or liability of the undersigned for profit disgorgement under Section 16(b) of the Exchange Act; and
- (4) this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the Exchange Act, including without limitation the reporting requirements under Section 16 of the Exchange Act.

The undersigned hereby gives and grants the foregoing attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary or appropriate to be done in and about the foregoing matters as fully to all intents and purposes as the undersigned might or could do if present, hereby ratifying all that such attorney-in-fact of, for and on behalf of the undersigned, shall lawfully do or cause to be done by virtue of this Limited Power of Attorney.

This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to such attorney-in-fact.

IN WITNESS W	HEREOF,	the								
undersigned has caus	ed this	Power	of	Attorney	to	be	executed	as	of	this
day of				·						

Si	gnature						
Pri	int Name						
STATE OF							
COUNTY OF							
COUNTY OF							
On this day of, _ personally appeared before me, and							
personally appeared before me, and	d acknowledged that s/he						
executed the foregoing instrument for the purposes therein contained.							
IN WITNESS WHEREOF, I have hereunto set my hand and official seal.							
No	tary Public						
	Commission Expires:						
.,,							